



HIGH VIBE EATERY

All of our recipes are planted based, gluten free & made with love from fresh whole foods.

SMOOTHIES

The Bliss - banana, blueberry, strawberry, dates, oj 8.

The Buzz - banana, coffee, espresso grounds, cocoa, coconut milk, vanilla, dates 9.

The Dream - mango, oj, coconut milk, vanilla dates 8.

The Fuel - banana, spinach, RO water, vanilla, dates 8.

The Indulge - banana, cacao, mesquite, coconut milk, vanilla, dates 8.

Boosts: chia seeds, spinach, cinnamon 1.
hemp protein, maca, matcha, spirulina 2.

BOWLS

Nice Cream - banana, vanilla 6.

Nice Cream Sundae - banana vanilla, toasted coconut, date sauce, berries 8.

Açaí - Açaí, banana, blueberry, date sauce, granola, berries 12.

Banana Berry - banana, raspberry, strawberry, lemon, toasted coconut, cacao nibs 12.

Sunrise - carrot, banana, mango, turmeric, oj, strawberry, pumpkin seeds, chia seeds 12.

BEVERAGES

Cold Pressed Juice 7.

Ask about today's offerings!

Coffee 3.

Iced Coffee 4.

Matcha Latte 6.

Turmeric Tea 6.

SOUP OFFERING

Bowl 7.

COLLARD WRAPS + SALADS

BLT - romaine, red leaf, tomato, eggplant bacon, chipotle mayo*, cashew sour cream* 10/12.

Caesar - romaine, red leaf lettuce, eggplant bacon*, red onion, cheez crumble*, caesar dressing* 10/12.

Taco - romaine, red leaf lettuce, guacamole, taco seed mix, pico de gallo, cashew sour cream*, nacho cheez sauce* 12/14.

Greek - romaine, red leaf lettuce, red pepper, red onion, cucumber, tomato, hummus*, olives, cashew sour cream*, Greek dressing 10/12.

SMALL PLATES

Cinnamon Rolls - banana, cinnamon, date sauce, raisins, cashew icing* 6/11.

Banana Crunch Sweet Potato Toast - banana, granola*, cashew butter*, date sauce 8/12.

Delight Sweet Potato Toast - cashew butter*, berries, toasted coconut, cashew icing* 8/12.

Micro Green Sweet Potato Toast - avocado, tomato, green onion, microgreens, sea salt, chili flakes, cashew sour cream* 12/14.

Southwest Sweet Potato Toast - guacamole, pico de gallo, nacho cheez*, cashew sour cream* 8/12.

BLT Sweet Potato Toast - eggplant bacon*, lettuce, tomato, chipotle mayo*, cashew sour cream* 8/12.

Flaxcrust Pizza - Flaxseed crust, alfredo*, tomato, eggplant bacon*, olives, red pepper, green onion, microgreens, cheez crumble* 10.

***We're nuts about nut! Please note that the Fuel's recipes contain cashews or other nuts. Cross contamination is probable. The Fuel cannot be held responsible for any resulting food allergies.**